

## LEHIGH COUNTY AGING & ADULT SERVICES TWENTY THIRD ANNUAL TRIBUTE TO UNSUNG HEROES

Each May, in honor of Older Americans Month, we celebrate the contributions of older adults in our community who generously give their time and talents to enhance the lives of those around them while demonstrating healthy aging. Lehigh County will recognize these Unsung Heroes to show appreciation for their generous contributions at an event on Wednesday, May 17, 2023.

This annual tradition celebrates an older adult whose community has been enhanced through their active engagement, volunteerism, and service to others. We all know who these wonderful people are in our community. They are often the unsung heroes our communities cannot live without and are always there to volunteer their time when needed.

### To be eligible for consideration:

1. Must be at least 60 years of age.
2. Must be a Lehigh County resident.
3. The achievements, accomplishments or service must be performed on a volunteer basis, not paid.
4. Have performed outstanding contributions or services that promoted, enhanced and enriched the quality of life for others.
5. Must be available to attend the Unsung Hero celebration on Wednesday, May 17, 2023.
6. Essays must be written in the nominator's own words.

Nomination forms can be printed from the Lehigh County Aging and Adult Services homepage at [www.lehighcounty.org](http://www.lehighcounty.org), or obtained by contacting the Lehigh County Office of Aging & Adult Services at 610-782-3034.

### **DON'T DELAY! NOMINATION DEADLINE: MARCH 13, 2023!**

Send completed nomination forms and essays to: **Lehigh County Government Center  
Aging & Adult Services  
17 S. 7<sup>th</sup> Street  
Allentown, PA 18101-2400**

Nominators are strongly encouraged to paint an interesting picture of their nominee through descriptive explanations of their involvement and accomplishments as you and others see them. Incomplete applications will not be considered. Those nominees chosen by the selection committee will be required to submit personal photos for the event presentation. Photos will be returned. (Previous award recipients are not eligible).

*You may submit as many nominations as you would like. Please use a separate form for each nomination. (If nominating a group, please only submit ONE essay, but complete a separate nomination form for each member.)*

